



Take Action Now!

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- **Light the Spark!** Want to be more comfortable talking about universal health care with family and friends or before groups? Host a **Speaking Out for Health Care for All** four-hour workshop with resources and tools to help. Contact Nancy Reed: Nancy@couniversalhealth.org
- **Be an advocate for key legislation!** To join our team of legislative advocates, contact Jim Potter: jamesraymondpotter@gmail.com **Get ready for Lobby Day! High noon, Feb.13, the Capitol.**
- **Organize/host a showing** of "Big Pharma, Market Failure." [Email swright@couniversalhealth.org](mailto:swright@couniversalhealth.org)
- **Volunteer.** Go to www.couniversalhealth.org and click Get Involved/Join the Movement!
- **Join** a Foundation community organization or start one: www.couniversalhealth.org/get-active
- **Write!** Blogs, social media posts, letters to the editor. Want feedback, suggestions? swright@couniversalhealth.org
- **Read The Same Page, our newsletter:** www.couniversalhealth.org/samepage
- **Be part of our Friday Facebook Post Team.** [Contact Social@couniversalhealth.org](mailto:Social@couniversalhealth.org) **Then, like us on Facebook, and invite your friends to like our page too.** Like, Share, and Comment on our posts! www.facebook.com/COHealth4All/
- **Contribute:** We need your financial support to move our work forward. **Contribute today if you can!**
- **Why #HealthforAll?:** Go our our Facebook page or yours and share why you support universal health with the hashtag: #HealthforAll. Or email your story to info@couniversalhealth.org
- **Sign our petition!** Add your name for universal health now! www.couniversalhealth.org/petitions
- **SAVE the DATE: June 29, 2019: Wendell Potter will keynote our 4th Annual Universal Health Care Conference in Denver!**



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